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## Mastering Cellular Cryopreservation

The basics of cellular cryopreservation for research & clinical use

## Your presenter



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## Webinar agenda

Cryopreservation Basics and Limitations

- Choosing a Cryopreservation Medium
- Troubleshooting
- Safety Tips and Considerations

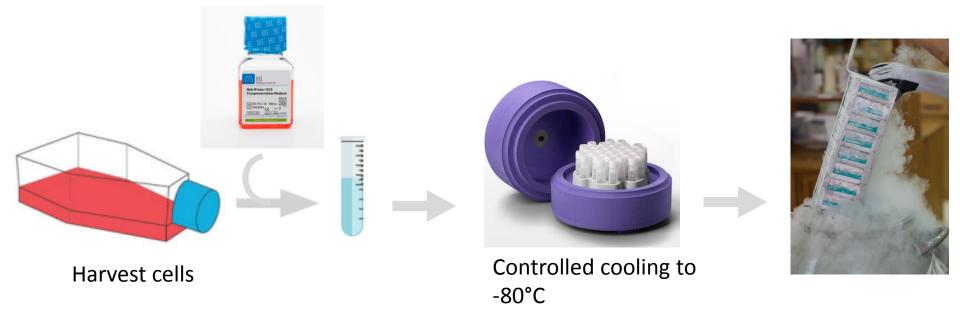


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### Cellular Cryopreservation Basics

The purpose of cryopreservation is to **store cells indefinitely** by **halting the cell's metabolism with ultralow temperatures.** 

The freeze-thaw process is **stressful to all cells and tissues**. Therefore, effective techniques were developed to prevent cell death and damage.



Ultralow storage temperatures suspend all molecular processes and prevents free radical generation that negatively effects cryopreserved cultures (Baust J., 2007; Baust, Corwin, Van Buskirk, & Baust, 2015).

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#### Intracellular ice



Mechanical damage when thawing

#### Water migrate out:

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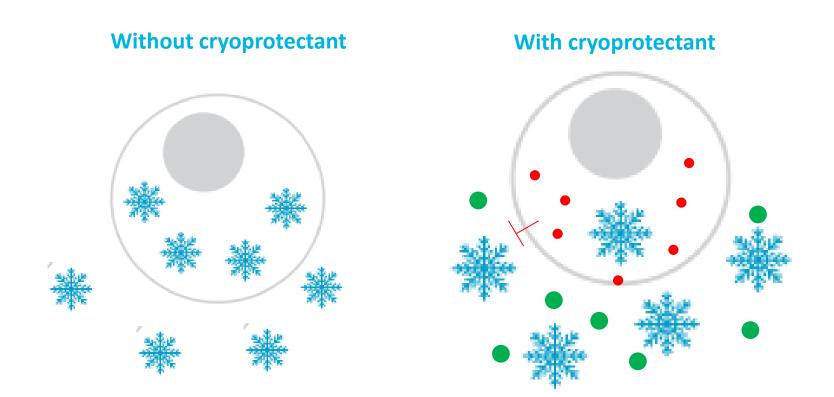
**Extracellular ice** 

- Dehydration
- Shrinkage
- Cell death

- Using appropriate cryoprotective agents
- Controlling the **cooling rate**
- Maintaining appropriate storage temperatures
- Controlling the rewarming rate

#### Cryoprotectants are compounds that protect cells from intracellular ice formation.

DMSO, glycerol, ethylene glycol, and propylene glycol are all permeating cryoprotectants.



Their mechanism of action involves entering the cell freely and replacing water, lowering the amount of ice formed, and acting as a secondary solvent for salts (Lovelock, 1953; Pegg, 1984).

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#### Which Cryoprotectant?

DMSO	Glycerol		
<ul> <li>DMSO being more common for mammalian cells.</li> <li>Used at a concentration of max 10%.</li> </ul>	<ul> <li>Most commonly used for preservation of microorganisms, red blood cells and spermatozoa (Jang, et al., 2017).</li> </ul>		
$H_3C \xrightarrow{O} CH_3$	ОН НООН		



While these agents protect cells during the slow freezing process they can also cause cell toxicity, especially at room temperature.

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In standard home brew solution FBS is used to reduce the cytotoxic effect.

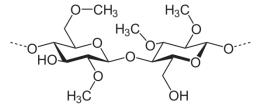
FBS advantages	FBS disadvantages
- May help to protect cells	<ul> <li>Not a cryoprotective agent</li> <li>Undefined, contains growth factors, hormones</li> <li>Increases variability</li> <li>Not recommended for cell banking, clinical applications</li> <li>Increases risk of contamination</li> <li>Fluctuating costs</li> </ul>

#### Animal component free replacement?

**Methylcellulose** has been suggested as a protective agent in cell cryopreservation and is used as suitable replacement for FBS.

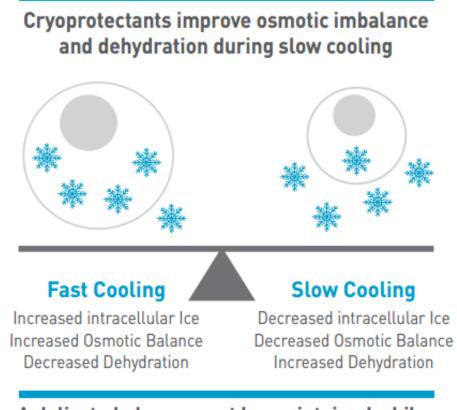
- ✓ Chemically defined
- ✓ Protective

*Mizrahi A, Moore GE, Appl Microbiol. 1970 Jun; 19(6):906-10* Merchant DJ, Hellman KB, Schneider H, Muirhead EE.





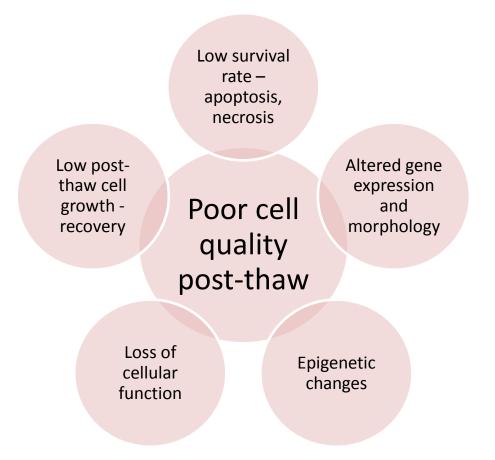
During the freezing process ice forms in and out the cell and this is very much dependent on the **cooling rate**.



A delicate balance must be maintained while freezing cells.



While optimized cryopreservation protocols and published formulations exist for most areas of research and medicine, **technical issues persist**.



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Baust J., 2007; Van Buskirk, 2007; Baust, Corwin, Van Buskirk, & Baust, 2015; Allegrucci & Young,

	LN <sub>2</sub> (Controlled rate freezers)	Step-down freezing	
pal	Controlled rate freezers may be programed for precise and active cooling protocols so	The <b>more traditional approach</b> of step- down freezing uses a specialized freezing	
Principal	that cells are frozen typically at -1°C/min with liquid nitrogen	container that is designed to cool cells at - 1°C/min in -80°C freezers (e.g. Mr. Frosty).	
Advantages	<ul> <li>Actively monitored temperature</li> <li>Some controlled rate freezers do not require any consumable cryogens.</li> </ul>	<ul> <li>Does not require any special appliance</li> <li>Cost effective</li> </ul>	
Requireme nts	<ul> <li>A controlled rate freezer</li> <li>Appropriate storage vials</li> <li>Specialized freezing solution</li> </ul>	<ul> <li>Cryovials are</li> <li>Specialized freezing solution</li> <li>-80°C freezer</li> </ul>	
Long term storage	Liquid nitrogen or mechanical storage as Liquide nitrogen long as it is below -135°C.		

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## Choosing a Cryopreservation Media

#### What are my priorities and what are my cell needs?

- Required recovery rate?
- Required survival rate?
- Cryopreservation medium composition?
- Serum-free or xeno-free requirements?
- Which protocol and method do I want to use?
- Advantages of commercial media vs home brew?





# **CAPTURE TIME**



# NutriFreez<sup>™</sup>D10

# **Cryopreservation Medium**

Ready-to-use, animal component-free, chemically defined, protein-free freezing medium



#### NutriFreez<sup>™</sup> D10 Cryopreservation Medium

- ✓ Chemically defined and animal component-free
- ✓ Ready-to-use, stored at 4°C
- ✓ Manufactured under cGMP conditions
- ✓ FDA Drug Master File (DMF) submitted
- ✓ Contains: Methylcellulose and 10% DMSO

Cat. No.	Size
05-713-1A	500 mL
05-713-1B	100 mL
05-713-1C	20 mL
05-713-1D	10 mL
05-713-1E	50 mL





#### **Cell Types and Applications**



Sensitive Cells (ex.T cells, beta cells)



Neurons, Astrocytes



Peripheral Blood Mononuclear Cells (PBMCs)



Hybridomas







Human Endothelial Cells (EC)

CHO Cells

Cord Blood Cells

Human Pluripotent Stem

• Embryonic Stem Cells (ES)

dependent and feeder-free culture

Cells (hPSC\*)



#### Mesenchymal Stem Cells (MSCs) from various sources:

- Bone Marrow (BM-MSC)
- Adipose Tissue (AT-MSC)

21, B16-F10, MA-10

- Umbilical Cord Tissue (UC-MSC)
- Dental Pulp Tissue (DP-hMSC)



Multiple mammalian cell lines, adherent and in suspension, >90% recovery: MRC-5, HEK-293, HepG2, HeLa, BSC-1, BGM, 3T3, MA-10, BHK-

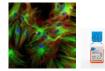


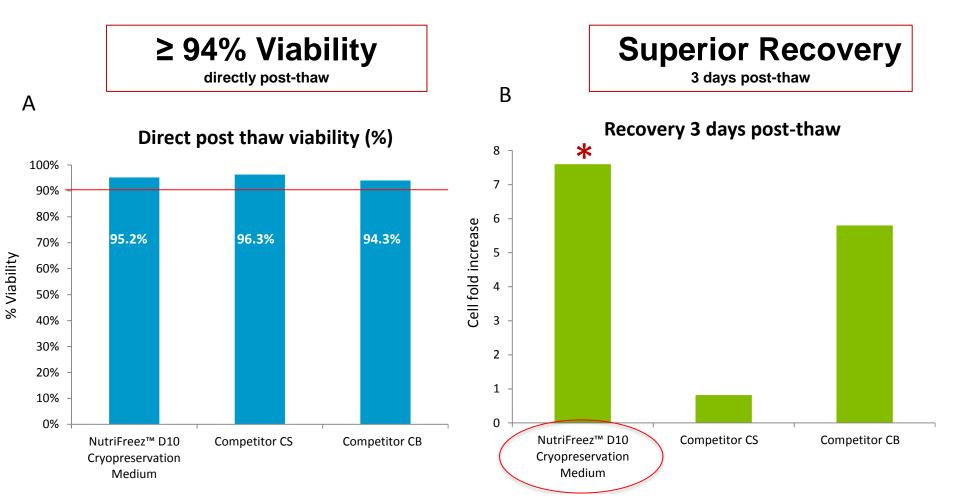


# Validation for human mesenchymal stem cells

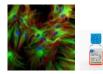
NutriFreez<sup>™</sup> D10 versus serum free cryopreservation products containing 10% DMSO







All Serum-Free Freezing Products yield greater than 94% viability (A) however, hMSC-BM cells cryopreserved with NutriFreez<sup>™</sup> D10 exhibited superior recovery (B) after 3 days of growth compared to competitors, while keeping normal cell morphology (C)





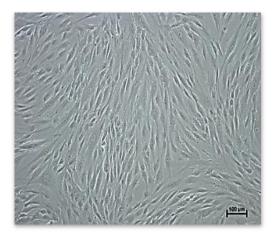
#### Maximum Cell Proliferation with Normal Morphology of BM-hMSC

3 days Post-Thaw

NutriFreez<sup>™</sup> D10 Cryopreservation Medium Cryostor® CS10

#### STEM-CELLBANKER®

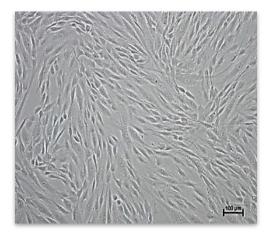
10% DMSO



**38,000 cells/cm<sup>2</sup>** Normal morphology 10% DMSO

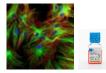


~4,000 cells/cm<sup>2</sup> Abnormal morphology 10%DMSO



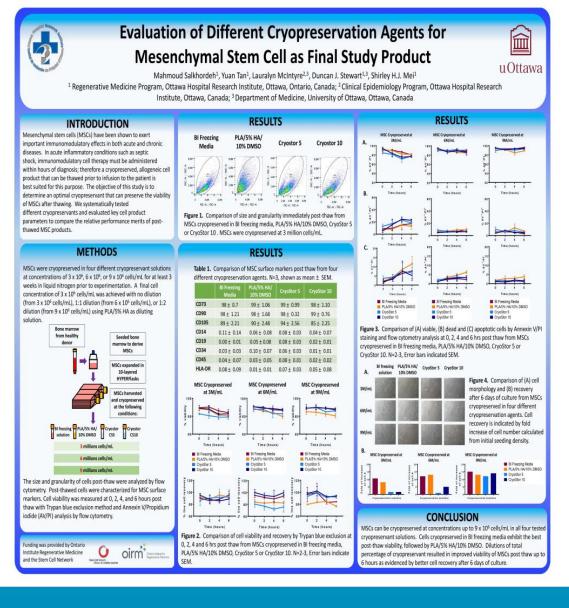
<sup>29,000</sup> cells/cm<sup>2</sup> Normal morphology







Ottawa Hospital Research Institute Institut de recherche de l'Hôpital d'Ottawa



First in-human **clinical trial** evaluating allogeneic mesenchymal stem/stromal cells in septic shock patients.

#### <u>Name:</u> Cellular Immunotherapy for Septic Shock (CISS2), Phase 2

<u>Conditions:</u> Septic Shock, Sepsis, Pathologic Processes, Shock, Infection, Systemic Inflammatory Response Syndrome, Inflammation

ISCT 2018





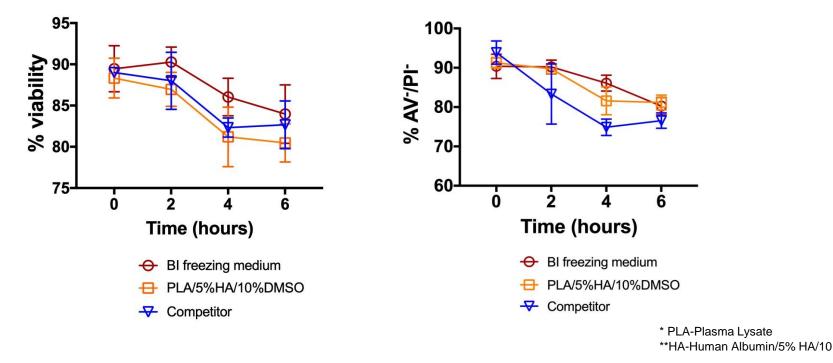


#### Viability via Trypan Blue exclusion

#### Viability via Annexin V/PI staining FACS analysis

#### MSC frozen at 3M/mL

MSC frozen at 3M/mL



#### Allogeneic mesenchymal stem cells exhibit **superior cell viability over home-brew and competitor** (direct post-thaw)

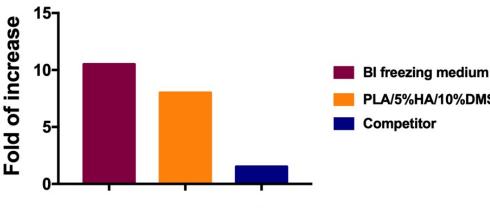
\* Data Acknowledgment: Prof. Shirley H.J. Mei and research team Yuan Tan and Mahmoud Salkhordeh, Regenerative Medicine Program, Ottawa Hospital Research Institute (Ottawa, Canada).





#### **Recovery- 6 days post-thaw**

Increase in cell number 6 days post thaw (3M)



**Cryopreservation solutions** 

#### **BI freezing medium** PLA/5%HA/10%DMSO

Allogeneic MSC exhibit superior recovery over competitor and home-brew freezing solutions\*.

#### Morphology - 6 days post-thaw

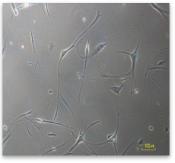
#### NutriFreez<sup>™</sup> D10

PLA/5% HA/10% DMSO

Competitor10%DMSO







Allogeneic MSC show normal morphology after post-thaw recovery\*.

\* Data Acknowledgment: Prof. Shirley H.J. Mei and research team Yuan Tan and Mahmoud Salkhordeh, Regenerative Medicine Program, Ottawa Hospital Research Institute (Ottawa, Canada).







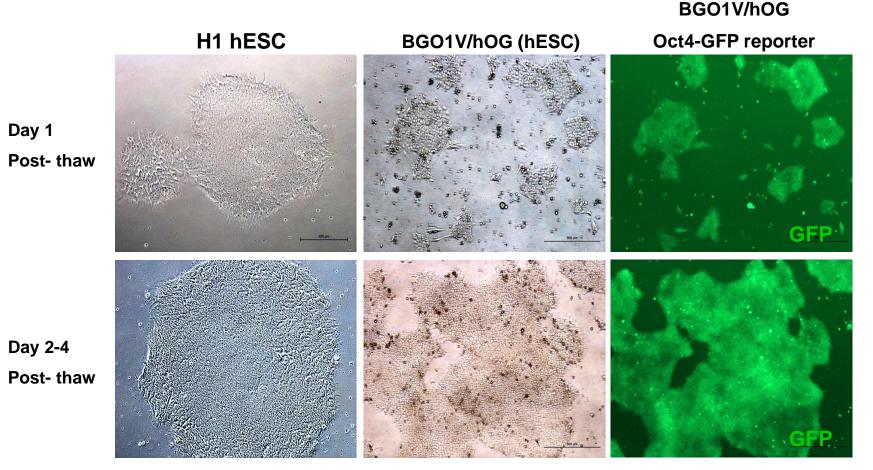
# Validation for human embryonic stem cells

NutriFreez<sup>™</sup> D10 versus serum free cryopreservation products containing 10% DMSO





#### Recovery 1, 2 and 4 days post-thaw



Representative results (x200) of colony morphology

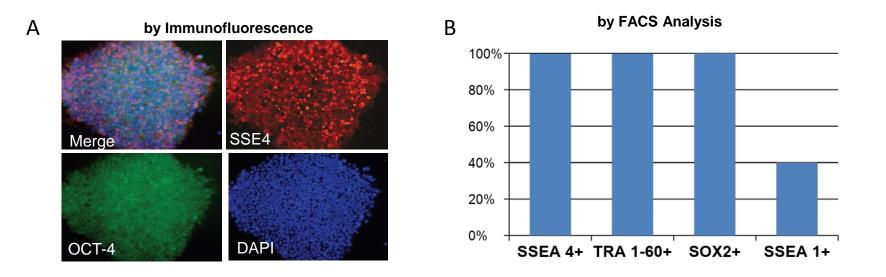
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hESC show excellent recovery via morphology and attachment 1, 2 and 4 days post thaw after cryopreservation in NutriFreez<sup>™</sup> D10.



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#### hESC H1 post -- thaw pluripotency surface marker expression



hESC (H1 hESC), post-thaw demonstrate excellent cell morphology over time with normal expression level of pluripotency hESC surface markers (A, B).





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"Human Pluripotent Stem Cells cryopreserved with NutriFreez™ D10\* had no effect on cell proliferation, differentiation, morphology or karyotype"

	Loi	Qualification Repo	rt	FORM SOP-Q
Title of Qualification	on:	Qualification of Cryostem Freezing Medium		
Test Material Nam	e and Lot #	Cryostem Serum-free, animal components-free Freezing Medium, lot 1617350		
Control Material N	ame and Lot #	WiCell Cryopreservation Medium 11Nov16SS		
		Medium Name: mTeSR1		
		Component	Manufacturer	Lot #
		Basal Medium	StemCell Technologies	15J66194
Cell Culture Media	im Used	5X Supplement	StemCell Technologies	15J66193
		250X Supplement	StemCell Technologies	15366192
		Human FGF-2	Waisman Biotranufacturing	WC-FGF2-FP-004
Platform/Matrix (M	AEFs, matrigel, etc)	Matrigel		1
Technician			1	
Start and End Date	es of Qualification	11Nov16 and 13	3Dec16	
PSC line, lot, and t	haw used	IMR90-4-WB00	088-T47356	
Pre- Karyotype (enter "Normal" or "Abr	ormal" and the sample #)	Normal Karyotype Sample #: 11978		
	r all three test vials tormal" and the sample #)	Normal Karyotype Sample #: 12049, 12050, and 12051		
QC Qualification S	ample ID	11931		
to appropriately cryop state and expansion n Medium (Test) and V control bank of cells bank were thawed in	-, animal components- preserve human plurip ate of the PSCs post the viCell's standard cryon originated from the sat triplicate on three sepa and expansion directly	otent stem cells (P aw. PSCs were cry preservation mediu ne parent culture of trate occasions. Ro out of thaw and fo	SCs) without affectir yopreserved using Cr um (Control). Both th of recently karyotype esulting morphology pollowing the first pass	ig the undifferentiated yostem Freezing e Cryostem bank and d cells. Vials from each was assessed, as well age, Cells were
counted on day 1 pos passage (P2 D1) and conclusion of the assi cytometry to determin QU-005-F, Quality C	immediately pre-passa ay (P2 D3), all cultures ne the percent of undif control Testing of Cell ad notebook 190 pages	ge at the second p s were submitted for ferentiated cells. Culture Reagents.	or karyotype and assa Testing was perform	ldition, at the iyed via flow ed per WiCell's SOP-
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Qualification test conducted by WiCell, one of the leading hESC cell banks in the USA.

WiCell tested the ability of NutriFreez<sup>™</sup> D10 Cryopreservation Medium to appropriate cryopreserve pluripotent stem cells (PSC's) without affecting the undifferentiated state and the expansion rate of PCS's post thaw.

Please note that this test was conducted under the product brand name CryoStem<sup>™</sup>. The NutriFreez<sup>™</sup> brand name replaces CryoStem<sup>™</sup> and is the same formulation depicted here in this study



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## Safety Tips and Considerations

#### **Troubleshooting: viability issues after cryopreservation**

Issue	Suggestions
Toxic Cryoprotectant	Use commercially available and defined media according to manufacturers' instructions. Remove cryoprotectant promptly after thaw. Do not allow cells to remain at room temperature in cryoprotectant media.
Improper Cooling Rate	Use a gradual cooling rate of -1°C/min. To attain this rate, use a thermally insulated freezing container or a controlled rate freezer.
Post-Freeze Temperature Flux	Maintain the cryogenic temperature of cell vials after they reach <-130°C. Keep cells on dry ice when transporting and make sure liquid nitrogen tanks are filled properly.
Improper Thawing Rate	Cells must be thawed quickly. Use a 37°C water bath or dry thawer to thaw vials.
Incorrect Cell Density	Freeze and plate cells at the appropriate density for the cell type. Cell lines should have published density requirements. Typical density per frozen vial is 1x10 <sup>6</sup> - 10x10 <sup>6</sup> cells/ml. Testing for optimal freeze-thaw density may be necessary.



#### **Cryopreservation Tips**



» Label your vials (cell, passage, lot #, date, your name) with a marker that will withstand alcohol and liquid N2.

» Printed cryolabels also work well.

» Keep the records online as well as a hardcopy.



- » Follow your cryopreservation protocol carefully.
- » Work quickly and step by step.
- » Add the freezing media gradually
- » Do not allow freezing media to return to room temperature.

03

» Cells may be frozen as aggregates or single cells. However, greater cell survival may be accomplished by dissociation into single cells prior to freeze-thaw.



» It is best to cryopreserve when cells are at their maximum growth rate (log phase).

» Cryopreservation at ~80% confluence should work best!

» Mycoplasma testing is recommended before freezing.

05

06

 Follow institutional regulation and guidelines for all hPSC work. 07

» DO NOT sacrifice sterility and personal safety for speed!



"Slow freezing, quick thawing is the way for optimal cell recovery"

Dr. Oren Ben Yosef, BI Technical Support

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# THANK YOU

support@bioind.com

www.bioind.com

To learn more, download our cryopreservation guide including detailed protocols and tips!